

ACTUAL PHOTO REFERENCE OF OUR PUMPKIN SEED EXTRACT EFLA<sup>®</sup>940 INGREDIENT

## PUMPKIN EXTRACT: Natural support for male urinary health

### DESCRIPTION

Go-Less<sup>®</sup> Men, IFF's pumpkin seed extract EFLA<sup>®</sup>940, helps support healthy male urinary function. An open label clinical study of Go-Less<sup>®</sup> Men showed an improvement in many aspects of bladder health and urination reported in patients with benign prostate hyperplasia (BPH) and contributed to an improved quality of life<sup>1</sup>.

### MANUFACTURING AND PROPERTIES

IFF Health uses the proprietary EFLA<sup>®</sup>HyperPure technology that ensures highly selective removal of fat-soluble components from the extract, providing increased stability, solubility, and absence of rancidity.

### Product category | INTIMATE



### PRODUCT ATTRIBUTES

- A clinically researched natural solution for bladder wellness
- Efficacy and safety supported by published clinical studies
- Positive effects demonstrated in both men and women
- Consumer satisfaction proven
- Proprietary EFLA<sup>®</sup>HyperPure production process

## STUDIES USING GO-LESS® MEN (EFLA® 940) SUPPORT BLADDER HEALTH BENEFITS

Human clinical data<sup>1</sup>:

- ✓ **Nocturia significantly decreased over time**
- ✓ **Postvoid residual urine volume was significantly reduced**
- ✓ **The positive impact on bladder health had a high impact on quality of life**

1 Leibbrand et al., Journal of Medicinal Food, 2019

2 Hata et al., Jpn. J. Med. Pharm. Sci., 20

### PRODUCT INFORMATION

<b>Standardized on</b>	Phenolic derivatives 2.0 - 4.0% Adenosin ≥ 0.1%
<b>Type of extract</b>	Powder
<b>Recommended dosage</b>	500 mg/day



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